

What follows below is a lightly edited copy of the text chat window from the London Futurists online event held on 14th March 2020

See <https://www.meetup.com/London-Futurists/events/269372471/>

From David Wood to Everyone: 01:58 PM

Hi – Welcome from London :-)

From Laura Thomson to Everyone: 01:59 PM

Hi everyone, extraordinary times

From David Doherty to Everyone: 01:59 PM

Hi I'm David Doherty (cofounder 3GDoctor.com & author mHealthInsight.com) and will be talking on the mobile health aspects of COVID19 and the world's first PanicDemic

From Steve Buss to Everyone: 02:00 PM

I'm Steve Buss... I'm a database software engineer in Bend, Oregon. I blog about longevity science as HighDesertWizard...

I've spent thousands of hours doing research about Inflammation and Survival Probability.

From Julio Alejandro [VC Pronomos] to Everyone: 02:01 PM

Hi everyone,

Julio Alejandro here. I created a Scenarios spreadsheet, you can see it here if you want or need.

https://docs.google.com/document/d/1pu-IOfV0slZQSlbtB_7ogbZ27ESzxhqQf6otsgIA5s/edit?usp=sharing

From Didier to Everyone: 02:01 PM

Hello everybody! Didier C.

From Pat Kane to Everyone: 02:13 PM

Hi, Pat Kane, co-initiator of The Alternative UK www.thealternative.org.uk. Interested in how coronavirus makes us think about epistemology, localisation, what comes after globalisation, the deep psychology of it all

From Adah Parris to Everyone: 02:22 PM

Hello all, I'm Adah Parris one of the panellists today. I take a philosophical and anthropological approach to tech.

This will give you more insights into my current thinking

<https://medium.com/@adahparris/escaping-platos-cave-3b79f60a8ab9>

And this <https://medium.com/i-e-by-clc-advisors/not-your-status-quo-cyborg-shamanism-and-its-creator-a-conversation-with-adah-parris-f0305808d2da>

From Inna Hooper to Everyone: 02:29 PM

Hi, David. What is your opinion on Britain's leading healthcare professionals officially stating that we need more people infected by Coronavirus in order to achieve herd immunity?

From David Doherty to Everyone: 02:32 PM

The biggest issue is that we demand leadership to be agreeable in the UK. Decision making needs to be made by competent experienced people that we trust.

From David Doherty to Everyone: 02:34 PM

In terms of this herd immunity this is a term understood best by Veterinarians. I work in the Veterinary field with the world's most valuable animals and lots can be learnt from that area. I wrote a free 130 page report on that topic <https://horsetechconference.com/market-report/>

From David Wood to Everyone: 02:35 PM

Tim's six points are:

1. Global Compact on free scholarly access to scientific data on diseases and their transmission through a global open access directory
2. National centres for rapid development of low cost testing kits for new diseases with temporary state control of fast priority production lines and distribution.
3. Tax incentives to support a reserve home working capability wherever possible.
4. Restoration of national and even regional self-sufficiencies in essential supply chains
5. Higher investment in techno-solutions for national food sustainability such as vertical farms.
6. Enabling of instant high energy temporary national and state border controls as firebreaks that permit movement of goods and services but not peoples.

And the three from me, that Tim is also covering:

7. Whatever future changes happen with the NHS and privatisation, we must avoid generating the kind of adverse incentives that would deter people from coming forward for testing (because they fear incurring a large fee for the test) or which would incline people to go into a community work environment even while they are ill (because they wouldn't receive adequate sick pay).
8. We must ensure that whistle-blowers feel protected if they want to come forward with information about health risks contrary to the convenience of authorities (whereas the warnings of such whistle-blowers were suppressed in countries such as China and Iran).
9. It's not just infectious diseases whose transmission through the modern world's highly connected networks that need to be studied. Society faces similar risks from other kinds of contagion, including financial contagion, that deserve to be studied with greater urgency too.

From David Wood to Everyone: 02:48 PM

To everyone: if you have a question to raise, please write a short note in this chat window

From Gennady Stolyarov II to Everyone: 02:50 PM

I would like to hear the panellists comment about an idea which has not yet been discussed, but which has been partially implemented in China – the rapid construction of hospitals to increase capacity for treating severely ill patients. My modification to this idea (which I will propose as the Chairman of the U.S. Transhumanist Party) is to rapidly construct many such hospitals, but to make them permanent and also create a fast-track training program for medical practitioners to respond to COVID-19.

From Jim Walker to Everyone: 02:51 PM

In practical terms how can the avg citizen slow down and not be part of the rat race? Is there a plan or vision to make this a reality for joe avg?

From Anette Mor to Everyone: 02:51 PM

these hospitals have to MOBILE.

From David Doherty to Everyone: 02:51 PM

@JimWalker move out of the cities?

From Pat Kane to Everyone: 02:52 PM

Pat Kane Q: Does Covid accelerate the tendency towards localisation - or even cosmo-localisation? And is the evident citizen's inquiry that's going on maybe an end to the era of being hypnotised and manipulated by political and corporate malefactors on social media?

From Jim Walker to Everyone: 02:52 PM

The globe is moving to cities though - better everything in human terms...

From evapascoe to Everyone: 02:53 PM

I would like to ask panellists view on digital privacy in the age of the virus, as Google and Amazon have been given unprecedented access to NHS data to 'help' with crisis. Should we be setting up a Registrar to keep track who has access to our health data and how can we ensure this is temporary

From Wendy M Grossman to Everyone: 02:53 PM

Tim said before that the UK is in a better position than the European countries...but is that really true? My impression is we're a) way undertesting so the numbers are highly deceptive and b) we're simply earlier on the curve.

From Bianca Cawthorne to Everyone: 02:53 PM

Will we get back to 'normal' - or is this going to fundamentally affect how we live, work, socialite etc? Are we heading to a Great Depression?

From David Doherty to Everyone: 02:54 PM

@evapascoe the horse has bolted on this issue already eg. The NHS gave million+ detailed hospital records to google years ago without consent <https://mhealthinsight.com/2017/03/20/google-apologises-for-paying-ad-revenue-to-rape-apologists-racists-but-nothing-for-the-1-6-million-nhs-patients-who-didnt-consent-to-sharing-their-hospital-records/>

From Craig Heath to Everyone: 02:56 PM

I'm curious what people think about the introduction of any potential vaccine. I get that testing of efficacy and safety takes many months in normal circumstances, but shoukdn

... shouldn't a risk trade-off be considered to shorten that?

From Wendy M Grossman to Everyone: 02:57 PM

You have to establish efficacy and safety. If you get it wrong, the failed vaccine makes people sicker. So, no, there aren't good shortcuts

18 months is a speed trial already

From David Doherty to Everyone: 02:58 PM

@Craig Heath creating a vaccine in weeks when it normally takes 5+ years for approval processes could mean that it might be less safe than getting the virus. Swine flu vaccine payments were quite sizeable and they are tip of the iceberg as healthcare is very poorly documented.

From Anette Mor to Everyone: 02:58 PM

in China in severe cases patients are already injected with serum from recovered patients

From Didier to Everyone: 02:59 PM

What I am going to write is not a real question, more an opinion. And to be honest, it is a totally non-final opinion. Because I'm still wondering...

From Greg Sherwin to Everyone: 03:00 PM

One word comes to mind when we discuss taking the wheels off to fast track any vaccine: thalidomide. That's all the anti-vaxxers need, too.

From Didier to Everyone: 03:01 PM

Saving lives, especially of the elderly, seems in recent weeks to have become a top priority well beyond the normally accepted economic "disadvantages". Also beyond the usual conventions.

Imagine three months ago a person who would have said to you "I refuse to shake your hand for prophylactic reasons". And yet, if it was an elderly person, he might have been right.

Part of the reason for this is the fear of unmanageable situations. But the situation would only become "unmanageable" because human life has become much more precious than before. Saving human lives, including those of the elderly, has become a top priority. For the rest, the "worst-case" possible death of 15% of the elderly and 1% of the young population would in no way block the countries concerned.

All that is needed now is a final "click" to make research for longevity a top priority. This "trigger" is to make (almost) as much a priority of progressive medical advances for longevity as against the coronavirus.

From evapascoe to Everyone: 03:02 PM

I am astonished that anyone is looking for return to nationalism, when our fellow humans in China munch of bat wings in breadcrumbs and people in Watford die as a result. How can we sort out proper global governance, as only fully global tools and platforms can save us?

From David Doherty to Everyone: 03:02 PM

@Greg Sherwin The Thalidomide Society have been one of the biggest advocates for Patient access to their medical records and remote access to Healthcare professionals.

From evapascoe to Everyone: 03:03 PM

Access to medical data should not be at personal level, anonymised data is all that scientists need. Google however got all including names and keeps getting names

From Anette Mor to Everyone: 03:04 PM

yes, social contact! when we talk about UK "constitution" we mean Royalty vs Paliament. no people to mention. nobody is answering to public. when we talk about freedom of speech we mean freedom of press. not freedom of public to know fact

From paul to Everyone: 03:04 PM

One of the participants asked about Favilavir. China approved it as first anti-viral drug against Covid19, started its production last 16th Feb.

From Anette Mor to Everyone: 03:08 PM

brainwash tools cannot make a "motivated society", only a herd.

From Andrew Vladimirov to Everyone: 03:15 PM

<https://www.ncbi.nlm.nih.gov/pubmed/32129518>

<https://www.bmj.com/content/368/bmj.m406/rr-2>

From Pat Kane to Everyone: 03:18 PM

This is a very provocative take on the ultimate structural causes of Corona and superbugs
<https://climateandcapitalism.com/2020/03/11/capitalist-agriculture-and-covid-19-a-deadly-combination/>

From Julio Alejandro [VC Pronomos] to Everyone: 03:19 PM

I created a Preparation Plan with 5 colourful Phases and Scenarios:

- Danger Indicators.
- Resource Availability Index
- Upcoming Problem Scenarios
- Actions and Solutions

What's missing in my family? And important areas to focus depending to my context.

https://docs.google.com/document/d/1pu-IOffVOslZQSlbtB_7ogbZ27ESzXhqQf6otsgiA5s/edit?usp=sharing

From evapascoe to Everyone: 03:20 PM

Annette is making interesting point, that we need "strong government". But from the reaction last week looks that this particular government is not trusted, many people don't trust it on Brexit and don't trust their medical advice, so what is the way to recover this trust

From Didier to Everyone: 03:21 PM

Especially to Anette, what do you think about this: A new therapeutic approach against COVID-19 Pneumonia (about use of Mesenchymal Stem Cells):

<http://www.aginganddisease.org/article/0000/2152-5250/ad-0-0-216.shtml>

From Steve Buss to Everyone: 03:21 PM

A personal health, longevity promoting tip...

I have serious cardiovascular disease and just discovered Exercise With Oxygen Therapy (EWOT) 2 months ago...

It is the most profoundly transforming personal health technique I have ever tried...

There are many youtube videos about it... Some are nonsense...

But I suggest to everyone that they spend an hour discovering what it is...

From Ant Henson to Everyone: 03:24 PM

The fact that half of the country trusts the government only serves to highlight the fact that half of the country does not.

From Steve Buss to Everyone: 03:24 PM

In the US, a "good enough" EWOT system can be established in one's home for about \$1500... If you engage in some DIY activity the cost can be brought down to about \$800...

From Andrew Vladimirov to Everyone: 03:25 PM

On the other hand, as compared to two previous links I've posted, there is <https://startsat60.com/health/ace-inhibitors-coronavirus-link-covid-19-research>

So, esp in elderly patients switching them from ACE inhibitors to sartans could be life saving

From Anette Mor to Everyone: 03:26 PM

on strong government, I mean functional and technocratic. unfortunately we will end up "strong governance" understood as loss of last piece of personal and group freedoms.

From Ant Henson to Everyone: 03:27 PM

Regardless of political opinion, the replacement of (already fragile) consensus building by extreme polarisation dramatically hinders both consistency of message and public trust in that message.

From Andrew Vladimirov to Everyone: 03:27 PM

(and that could be the quickest drug repurposing available, as both drug groups are in use for decades and have been extensively tested)

From Anette Mor to Everyone: 03:28 PM

politics as such long outdated. we need to build post-ideology society. mainly because only people free from all kinds of brainwash can become a society not a herd.

From evapascoe to Everyone: 03:29 PM

1+ for post-ideology society, based on strong digital rights. Once fundamentals of human rights are in place online, we can manage the rest

From laura thomson to Everyone: 03:29 PM

have enjoyed this, need to leave now, many thanks David for this event. Interesting times, and I particularly liked the 'worlds first panicdemic' thoughts from the first panellist. :-)

From David Doherty to Everyone: 03:31 PM

Link to the SU CoVID19 virtual summit <https://su.org/summits/covid-19-virtual-summit/>

@Laura Thomson You might enjoy this event I ran a few weeks ago (John from NoMoreFakeNews.com was very interesting) <https://mhealthinsight.com/mwc2020/>

From evapascoe to Everyone: 03:32 PM

Thank you so much for excellent and stimulating session, crisis causes change so let's keep discussing what change we want to see! Keep safe all!

From paul to Everyone: 03:35 PM

chief medical adviser has said the government wants 60 percent of population to catch coronavirus to try and create herd immunity to protect against the virus becoming an annual crisis (independent.co.uk). Can someone explain if this is a good plan

From Chris to Everyone: 03:35 PM

People are being asked to stay home if they are unwell and speak to 111 if they have any concerns. However 111 is using outdated and unsafe questions and algorithms that cannot keep up with the daily changing situations and is frankly somewhat dangerous; there are few other current solutions actively used for hospitals (more for GPs) to facilitate virtual healthcare. How can we combine technology, regulation and healthcare to keep current with this sort of changing situation, and yet allow patients get access to safe and effective healthcare they need whilst keeping people home and safe? And those technologies that are out there that can help, how can we expedite their uptake in the healthcare market?

From Anette Mor to Everyone: 03:36 PM

speed of knowledge absorption depends on how many barriers we have in our own head. large ego is the main known barrier.

From Didier to Everyone: 03:37 PM

Great discussions! Thanks a lot!

From Anette Mor to Everyone: 03:37 PM

disagree with "change will make us". CONTROL over own future is possible and we have to move towards getting more control over our future.

From Didier to Everyone: 03:37 PM

I agree with Anette!

From Pat Kane to Everyone: 03:37 PM

<https://climateandcapitalism.com/2020/03/11/capitalist-agriculture-and-covid-19-a-deadly-combination/>

From Didier to Everyone: 03:37 PM

Or we have to try at least

From Steve Buss to Everyone: 03:38 PM

Oxygen Multistep Therapy by Manfred von Ardenne...

<https://www.amazon.com/Oxygen-Multistep-Therapy-Physiological-Foundations/dp/0865773777>

Published 1990

From David Wood to Everyone: 03:38 PM

I'm going to ask one more time for urgent comments from the floor. Be ready to speak if you have something to say...

From iPhone to Everyone: 03:39 PM

David, thanks for hosting, insightful & encouraging. thankyou to all that have shared knowledge & ideas, Adah, great to hear you speak again. cheers, keep safe all!

From Dyf to Everyone: 03:39 PM

thanks for doing this virtually

From David Doherty to Everyone: 03:39 PM

Pat Kane Link: <https://www.thealternative.org.uk>

From evapascoe to Everyone: 03:40 PM

If you want to contribute, there is an effort to create a central hub for info on Coronavirus on here: <https://coronavirustechhandbook.com/>

From Dyf to Everyone: 03:40 PM

I've been a follower for a long time and would like to attend many of the meetings but am 6 hrs from London. thank you

From Pat Kane to Everyone: 03:40 PM

Please talk to us at www.thealternative.org.uk mail at info@thealternative.org.uk, follow at www.twitter.com/alteruk21

From Anette Mor to Everyone: 03:44 PM

groups immunity was investigated on 19th century

From Adah Parris to Everyone: 03:44 PM

My recommended reading for this current climate <https://www.amazon.co.uk/Ishmael-Daniel-Quinn/dp/0613080939>

From David Wood to Everyone: 03:45 PM

See "The Rules of Contagion: Why Things Spread - and Why They Stop"
<http://www.goodreads.com/book/show/48475750-the-rules-of-contagion>

From David Doherty to Everyone: 03:45 PM

Great work all!

From Adah Parris to Everyone: 03:46 PM

And this <https://www.amazon.co.uk/Rebel-Ideas-Power-Diverse-Thinking/dp/1473613914/>

From Simon Pickup to Everyone: 03:46 PM

thanks everyone

From Jim Walker to Everyone: 03:46 PM

Thanks for hosting!

From Pat Kane to Everyone: 03:46 PM

Thanks to everyone - very illuminating!

From Ant Henson to Everyone: 03:46 PM

Thank you to David and all the speakers!

From Pute to Everyone: 03:47 PM

/waves/

From Steve Buss to Everyone: 03:47 PM

Thanks David!

From Anette Mor to Everyone: 03:47 PM

thank you David

From paul to Everyone: 03:47 PM

thanks David

From Andrew Vladimirov to Everyone: 03:47 PM

Thanks folks!